

Program and Activity Guide



@MunRussellTwp

Summer 2026



www.russell.ca/programs



recreation.loisirs@russell.ca



613-443-2814



Municipalité de
RUSSELL
Township

Registration Dates



Summer Camps

- Residents: April 8, 2026, at 9:00 a.m.
- Non-residents: April 13, 2026, at 9:00 a.m.

Aquatic Programs

- Residents: April 29, 2026, at 9:00 a.m.
- Non-residents: May 4, 2026, at 9:00 a.m.

Semi-Private and Private Swim Lessons

In-person registrations will be held on June 4 at Town Hall, 717 Notre-Dame Street, Embrun.

- By appointment only: 5:00 p.m. to 7:00 p.m.
Link to make an appointment will be available at www.russell.ca/programs on May 20, at 9:00 a.m.
- Walk-in only (first come, first served): 7:00 p.m. to 8:00 p.m.

How to Register Online

- Go to our UniverusRec portal:
<https://app.univerusrec.com/munrussellpub/>
- Sign-in by entering your Username and Password. (You can create your own account or a family account by following the instructions on the site.)
- At registration, you might be put in a queue-fair virtual room. Please wait your turn to enter the site to register.

Contact us by email recreation.loisirs@russell.ca for the following items:

- If you have questions about our programs.
- If you are having issues with the UniverusRec Portal and you cannot remember your username and/or password.
- Unsure if you have an account? Let us look for you.
- If you have difficulty finding the program, make sure you're signed in your account and select the filters tab on your left to refine your search. Click the Apply button when done.

Program Cancellations

All programs may be cancelled if there are not enough registrations. If your program is cancelled, you can transfer to another program of equal value (subject to availability), receive a full refund, or apply the credit to your account for future registrations.

Refunds

- Refunds are available for programs cancelled by the Township of Russell.
- Prorated refunds for medical reasons require a doctor's note.
- No refunds will be issued for cancellations due to weather or circumstances beyond our control.
- We will attempt to reschedule cancelled classes if space is available.

Typographic Errors

All precautions are taken to ensure that accurate information and prices are printed. Should a change occur, notification will be posted on our website and the registration system.

For more important information and disclaimers about registration, please visit www.russell.ca/programs.

Summer Camps

(B) Bilingual

(E) English

(F) French

New Frontiers Summer Camp

(B)

Looking for an unforgettable summer experience for your child who is living with a disability? The Township of Russell has teamed up with Flow Recreation therapy to offer two weeks of an unforgettable summer camp, where fun meets purpose, and every camper is empowered to grow, connect, and thrive. Our camp is uniquely designed to support the physical, emotional, and social well-being of children, youth and young adults of all ages and abilities. Whether your child loves sports, arts and crafts, science, or just making new friends, our inclusive, activity-packed program has something for everyone! Ages 6 to 40.

Registration opens on April 8, 2026, at 9:00 a.m. for residents and on April 13, 2026, at 9:00 a.m. for non-residents. Registration closes on June 1, 2026, at 9:00 a.m.

July 6 to 10, and July 27 to 31, 2026, from 9:00 a.m. to 3:00 p.m.

Location: Camille Piché Community Centre, 8 Blais Street, Embrun.

Residents: \$550 per participant per week.
Non-residents: \$600 per participant per week.

The Township of Russell offers daily Summer Camps from 6:30 a.m. to 6:00 p.m. Camp Moustiques and Kaboum will run from June 22 to August 21. Camp Sunshine, Lightning and Xtreme will run from June 29 to August 28.

Price is per child per week.

Residents: \$170 early bird or \$220 after June 7.

Non-residents: \$220 early bird or \$270 after June 7.

Camp Sunshine (E)

Each week brings a new theme. Enjoy games, arts and crafts, recreational swimming, outdoor activities, water activities and much more! Location: Frank Kinnaird Hall, Russell Arena. Ages 4 to 6.

Camp Lightning (E)

Calling all kids! We take camp to a whole new level. Take part in sports, games, swimming, outdoor activities, water games and much more! Location: to be confirmed. Ages 7 to 8.

Camp Xtreme (E)

Calling all pre-teens! We take camp to a whole new level. Take part in sports, games, swimming, outdoor activities, water games and much more! Location: to be confirmed. Ages 9 to 12.

Camp Moustiques (F)

This camp offers exciting themes and activities each week. Activities include games, arts and crafts, swimming, outdoor activities, water activities and much more! Location: Embrun High School. Ages 4 to 7.

Camp Kaboum (F)

This camp is perfect for your pre-teen! Sports, games, swimming, outdoor activities, water games and much more! Location: Embrun High School. Ages 8 to 12.



Summer Camp Important Information

1. At the time of print, the 2026-2027 school calendars were not available for all school boards. Should any changes need to be made, the online registration system will reflect the right information.
2. Refund Policy: Withdrawal from a week of camp will be refunded if the Township is notified two weeks in advance. A \$10 administrative fee for each \$100 transaction will be applied.
3. No outings have been scheduled other than going to the pool. Instead, we are planning to have special guests at camp every week. This will keep the registration fee accessible to all.
4. No registration will be taken at the camp the same day. You must register online on the Wednesday before the desired camp week.
5. Only children who have reached the age of 4 can participate in the camp.
6. Any child in diapers will be refused access to camp.
7. If you register your child in the wrong age group, the Township reserves the right to withdraw your child from the camp. We will do our best to switch them to another camp depending on availability. A refund will be provided if no alternative can be found.



Aquatic Programs

(E) English

(B) Bilingual

Parent & Tot / Preschool A-C / Swimmer Level 1-6

(B)

Total of 8 lessons.

Morning lessons are from Monday to Friday (Sessions A to D).

Afternoon lessons are Mondays and Wednesdays (Session E).

Evening lessons are Tuesdays and Thursdays (Session F and G).

View table for the time of each session.

No classes on July 1 and August 3.

\$89.25 per resident.

\$99.25 per non-resident.

Semi-Private and Private Lessons

(B)

In-person registrations will be held on June 4 at Town Hall. By appointment only from 5:00 p.m. to 7:00 p.m. Link to make an appointment will be available on www.russell.ca/programs on May 20, at 9:00 a.m. Walk-in only (first come, first served): 7:00 p.m. to 8:00 p.m. Remaining time slots can be booked at the pool once open.

30 minutes per lesson.

Total of 2 to 6 people per lesson for semi-private lessons.

\$21 per resident per semi-private.

\$26 per non-resident per semi-private.

\$25.25 per resident per private.

\$30.25 per non-resident per private.

Bronze Star

(B)

Tuesdays and Thursdays from 5:30 p.m. to 6:45 p.m.

Group A: June 30 to July 23.

Group B: July 28 to August 20.

\$147 per resident.

\$157 per non-resident.

Bronze Medallion

(B)

Mondays, Wednesdays and Fridays from 5:30 p.m. to 8:30 p.m. and Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m.

Group A: June 29 to July 10.

Group B: July 27 to August 7.

\$194.25 per resident.

\$204.25 per non-resident.

Bronze Cross

(B)

Mondays, Wednesdays and Fridays from 5:30 p.m. to 8:30 p.m. and Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m.

Group A: July 13 to July 24.

Group B: August 10 to August 21.

\$194.25 per resident.

\$204.25 per non-resident.



Lessons	Session A June 29 to July 9	Session B July 13 to 22	Session C July 27 to August 6	Session D August 10 to 19	Session E July 6 to 29	Session F June 30 to July 23	Session G July 28 to Aug 20
Parent & Tot	9:00 a.m.	8:00 a.m.	9:00 a.m.	8:00 a.m.	Not Offered	Not Offered	Not Offered
Preschool A	8:30 a.m. 10:00 a.m.	8:30 a.m.	8:30 a.m. 10:00 a.m.	8:30 a.m.	4:00 p.m.	5:30 p.m.	5:30 p.m.
Preschool B	8:00 a.m.	9:30 a.m. 10:00 a.m.	8:00 a.m.	9:30 a.m. 10:00 a.m.	4:00 p.m.	5:30 p.m.	5:30 p.m.
Preschool C	10:00 a.m.	8:00 a.m.	10:00 a.m.	8:00 a.m.			
Swimmer 1	8:00 a.m. 9:30 a.m.	8:45 a.m. 10:00 a.m.	8:00 a.m. 9:30 a.m.	8:45 a.m. 10:00 a.m.	3:30 p.m.	6:00 p.m.	6:00 p.m.
Swimmer 2	8:45 a.m. 10:00 a.m.	9:00 a.m. 10:00 a.m.	8:45 a.m. 10:00 a.m.	9:00 a.m. 10:00 a.m.	3:30 p.m.	6:00 p.m.	6:00 p.m.
Swimmer 3	8:30 a.m.	9:15 a.m.	8:30 a.m.	9:15 a.m.	Not Offered	6:30 p.m.	6:30 p.m.
Swimmer 4	9:15 a.m.	8:30 a.m.	9:15 a.m.	8:30 a.m.	Not Offered		
Swimmer 5	8:00 a.m.	9:15 a.m.	8:00 a.m.	9:15 a.m.	Not Offered	6:30 p.m.	6:30 p.m.
Swimmer 6	9:15 a.m.	8:00 a.m.	9:15 a.m.	8:00 a.m.	Not Offered		

Barracudas Swim Team



The Barracudas Swim Team is a fun, competitive swim team that strives to enhance the swimmers' sportmanship, endurance, strength and swimming ability. We hope the swimmers enjoy friendly competition during the swim meets and camaraderie during the summer months. From June 29 to August 21. Prices are for morning or evening sessions.

New registration process this summer!

Swimmers will be asked to participate in a mandatory skills assessment on June 24 and 25. Participants will then be divided into the levels and assigned to specific practice times. To be able to participate in the skills assessment, swimmers still need to register on the registration system (on a first come, first served basis). Swimmers will have to choose between the morning or the evening group.

Important Information

- A \$10 fee will be charged during registration. This fee will then be applied to the swim team registration fee, which will be due in full before July 3.
- Time slots for the skills assessment will be emailed after June 8.
- Please note that all swimmers participating in the mandatory skills assessment will be part of the team.
- Morning and evening groups can accommodate 50 swimmers each.
- It is important to put your name on the waiting list.
- Lifesaving Swimmer 2 is recommended to join the swim team.
- Challengers swim team is not included in this new process. Everyone is welcome!

Challengers

Tuesdays, 5:00 p.m. to 5:30 p.m.

\$97.50 per resident.

\$107.50 per non-resident.



Head Start

Tuesdays and Thursdays.

Mornings: 12:00 p.m. to 12:45 p.m.

Evenings: 4:15 p.m. to 5:00 p.m.

\$148.75 per resident.

\$158.75 per non-resident.

Junior

Mondays, Wednesdays and Fridays.

Mornings: 11:00 a.m. to 11:45 a.m.

Evenings: 4:30 p.m. to 5:15 p.m.

\$159.25 per resident.

\$169.25 per non-resident.

Senior

Mondays, Wednesdays and Fridays.

Mornings: 11:45 a.m. to 12:30 p.m.

Evenings: 5:15 p.m. to 6:00 p.m.

\$159.25 per resident.

\$169.25 per non-resident.

Aqua-Fit



Designed as a medium intensity total body workout, it provides a balance of cardiovascular as well as muscular strength/endurance components. Ages 16+.

Russell Centennial Pool, June 30 to August 20.

• Tuesdays from 11:00 a.m. to 11:45 a.m.

• Thursdays from 11:00 a.m. to 11:45 a.m.

\$80 + HST per resident per course.

\$90 + HST per non-resident per course.

\$128 + HST per resident: two-day bundle.

\$138 + HST per non-resident: two-day bundle.

Drop-in available only if space permits (on a first come, first served basis).

\$12 + HST per resident.

\$14 + HST per non-resident.

Public Swim

View next page for full schedule.

Visit www.russell.ca/pool for resident and non-resident fees.

Aqua Zumba



Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba blends the Zumba philosophy with water resistance, for one pool party you shouldn't miss! There is less impact on your joints during an Aqua Zumba class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles. Ages 16+.

Russell Centennial Pool, June 29 to August 26.

No classes on July 1 and August 3.

• Mondays from 6:00 p.m. to 6:45 p.m.

• Wednesdays from 6:00 p.m. to 6:45 p.m.

\$100 + HST per resident per course.

\$110 + HST per non-resident per course.

\$155 + HST per resident: two-day bundle.

\$165 + HST per non-resident: two-day bundle.

Drop-in available only if space permits (on a first come, first served basis).

\$15 + HST per resident.

\$17 + HST per non-resident.

2026 RUSSELL CENTENNIAL POOL SCHEDULE

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8AM	:00							
	:15							
	:30							
	:45							
9AM	:00	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons
	:15							
	:30							
	:45							
10AM	:00	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons
	:15							
	:30							
	:45							
11AM	:00	Swimming Lessons	Junior Swim Team	Aquafit	Junior Swim Team	Aquafit	Junior Swim Team	Swimming Lessons
	:15							
	:30							
	:45							
12PM	:00	Lane Swim	Senior Swim Team	Head Start Swim Team	Senior Swim Team	Head Start Swim Team	Senior Swim Team	Lane Swim
	:15							
	:30							
	:45							
1PM	:00	Public Swim	Public Swim	Camp Swim	Public Swim	Camp Swim	Camp Swim	Public Swim
	:15							
	:30							
	:45							
2PM	:00	Public Swim	Public Swim	Camp Swim	Public Swim	Camp Swim	Camp Swim	Public Swim
	:15							
	:30							
	:45							
3PM	:00	Public Swim	Swimming Lessons	Public Swim	Swimming Lessons	Public Swim	Public Swim	Public Swim
	:15							
	:30							
	:45							
4PM	:00	Public Swim	Junior Swim Team	Head Start Swim Team	Junior Swim Team	Head Start Swim Team	Junior Swim Team	Public Swim
	:15							
	:30							
	:45							
5PM	:00	Public Swim	Senior Swim Team	Challengers Swim Team	Senior Swim Team	Swim Lessons	Senior Swim Team	Public Swim
	:15							
	:30							
	:45							
6PM	:00	NOTICE: The pool will close at 8pm in August, or when the sun sets before 9pm.	Aqua Zumba	Swim Lessons	Aqua Zumba	Swim Lessons	Public Swim	* This schedule is subject to change without notice.
	:15							
	:30							
	:45							
7PM	:00	The pool will close at 8pm in August, or when the sun sets before 9pm.	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	* This schedule is subject to change without notice.
	:15							
	:30							
	:45							
8PM	:00	The pool will close at 8pm in August, or when the sun sets before 9pm.	Public Swim	Lane Swim	Public Swim	Public Swim	Lane Swim	* This schedule is subject to change without notice.
	:15							
	:30							
	:45							

	Swimming Lessons
	Public Swim
	Swim Teams

	Camp Swim
	Aquafit/Aqua Zumba
	Lane Swim